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From the Chaplain (August 2007)

Dear Friends,

*If you are thirsty, come!
If you want life-giving water, come
and take it. It's free!
- Revelation 22:17*

Last week as I was driving on Iowa highways, I noticed that the curled corn leaves were desperate for a drink. The crisp brown grass cries for water from heaven. Our spirits long for living water. We know dry spells in the seasons of the year, but also in the seasons of our soul. Our heart has times when it is parched and weary.

Jesus Christ, the Living Water, came for the very purpose of quenching the deepest thirst of our souls.

We know what it is like to be physically thirsty. Our bodies need water. In fact our body is 80% fluid. Water is necessary for life. When our bodies are deprived of water our skin may grow clammy and vital organs wrinkle. God made us with thirst, and when deprived of that our bodies cry out for a drink.

Spiritually we are wired the same way. When our hearts are thirsty we may notice we worry, our tempers are short, guilt and fear have a grip on us and hopelessness creeps in.

What water does for our body, Jesus can do for our heart. Do you need a drink? Jesus said, "If anyone thirsts, let him come to me."

Let Jesus be the water of your soul. Drink often from the well of His love and grace. His well is bottomless and He offers His unfailing love, the energy of the Spirit and His presence.

Are you thirsty? Come and take a drink of Living Water! There is no cost – only desire and need are required. It is free; it has been paid for by Jesus. It is a gift just for you!

Chaplain Sandy Anenson
