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From the Chaplain (November 2007)

Dear Friends,

*“O give thanks unto the Lord
for He is good.” – Psalm 107:1*

Gratitude is the first thing that comes to my mind as we step into the month of November. Yes, it is the month in which we celebrate Thanksgiving. But I wonder if we can center our thoughts on “living grateful”. Living grateful has the potential to transform our lives.

Where do we begin – how do we live grateful? I believe the starting point is living in God’s love and acceptance for each of us. We see things differently when we realize we are loved and accepted for who we are – and that God likes to love us.

Living grateful empowers us to see others as loved and accepted by God. We have a new regard for God’s children as we honor them and their giftedness. It is our privilege to share with those whose hearts are empty and aching this marvelous love of God.

Living grateful gives us a new perspective on life as we focus on the Giver of all good things. Albert Einstein said, “There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

We are blessed people – God has been so good to us. We are valued and treasured by the King and Creator of the Universe. It doesn’t get any better than that!!!

Living Grateful is how I want to live. Will you join me in the journey of gratefulness? A very joyous Thanksgiving to each of you!

Chaplain Sandy Anenson
