



# The Bridge

Bridging Communications

- Building Relationships

## Office Moves

As I'm sure you all have noticed there are many office moves taking place at Bethany Manor and it would be surprising if you didn't ask why? That's a really good question and here's the rationale behind why.



As you know we have been trying to increase the number of patients who need skilled care in our transitional care unit so that we can remain and become even stronger financially. We are renovating A-wing on 1<sup>st</sup> floor in order to accommodate additional people. So far the renovations have reduced by 15 the number of beds available in the wing. Some of the residents were moved to 67 A wing and the rest were moved to other wings in 77. In order to maintain openings for new residents needing long term stays we need to use all licensed beds available in the facility.

The 1967 unit, C-wing has been used for offices for quite some time. These beds, along with those on A-wing in '67, are still licensed to be used for residents and we felt that any available rooms should be opened up again for resident use. The rooms used for the Head Start program and all of the rooms on 67 B-wing are not licensed for resident use. The rooms on B-wing where administrative offices are were de-licensed when North wing was built so that we did not go above a total of 180 beds.



So, we have had many moves in the past weeks and months to accommodate our changing needs. I am very thankful for the patience shown by all who have been moved and would also like to thank housekeeping, maintenance, and IT staff for all they have done to make this happen. Thanks also to Susan Ernest and Aaron Keller for taking on the difficult job of trying to identify available spaces for staff and gathering information/feedback so that the best decisions could be made knowing that change is difficult for us all. A job well done by all!!!

There is a list posted in the staff room that identifies where team member offices are now so you can find them if you need them.

Thanks also for all that you do to make BLC what it is. We couldn't do it without each and every one of you in our entire continuum!!!

Betsy Warburton





## Congratulations

*Anna & Brian Christensen—a son  
Caden Mark, on May 12*

*Lisa Jacobson & Josh Kampen—a son  
Tavin James on May 13*



**Ice Cream Sundaes on  
June 23, 2:00 pm  
In the Main Dining Room**

**In celebration of National  
C.N.A. appreciation week,**

**For the 2nd & 3rd  
shift staff the  
fixings will be in the fridge in  
the break room**

## What Does It Mean to be a C.N.A.

I start each day of my professional life,  
remembering and practicing a code of ethics.  
I have a special gift from God called caring,  
it is weaved within my soul.  
I reach out with this gift and help others in need.  
I plant a seed to watch it grow and flourish.  
I nourish it, then pass it on.  
For the true meaning of caring  
is to love unselfishly with an undivided heart.  
I administer ADL's to my residents  
with respect and privacy.  
I give the best care possible,  
in hopes to earn their trust,  
therefore, creating a confidence that will endure.  
If I could look inside my residents hearts  
what would I see?  
All residents suffer pain from losses.  
Some residents hide behind a wall of untrust,  
rebellion, or rejection.  
but, the majority of residents,  
live out their lives accepting  
our help with open arms.  
It is not my place to judge,  
or to change their disposition,  
but to offer kindness in empathy for their griefs.  
I respect their feelings,  
and most important I respect and protect their rights.

I am their advocate and I will intercede for them.  
It is my duty to encourage them to step forward.  
To challenge rehabilitation  
with dedication and determination.  
I must act in a respectful and professional manner.  
I put their needs first and refrain from gossip  
within my life or the hardships of my profession.  
I will honor their right not only to live,  
but to die in dignity and self respect.  
Let me not forget  
that I too, may become dependent for care someday.  
I could find myself destined to long term care  
or rehabilitation,  
I hope to be given quality care,  
privacy, respect and rights.  
As every resident is entitled to receive.  
I administer health care knowing that every man  
and every woman is somebody's mother,  
father, daughter or son.  
Life is too short to worry  
about the petty things of yesterday,  
and too long to anticipate the future.  
So I live for today in hopes  
that any unfinished challenges  
will be brought forth and conquered tomorrow.

Author Unknown.

Thank you, so very much for your loving care for our Dad, you helped make his last month with us much easier. The help and support you gave us, our Mom and Sven too, will not be forgotten.

Thank You  
The Wendell Patterson Family

*Thank you! Thank you for Bethany Manor and all of the kind, compassionate and caring people who provide a safe and loving home for their residents. We are eternally grateful and appreciate the friends we have made and the care provided to our mother, the past 3 1/2 years.  
Sincerely, Susan Doyle  
Daughter of Orpha Rigter.*

## Ten Ways You Can Become More Valuable to Everyone You Encounter

Be the change you want to see occur in the world around you. You can't make other people be more considerate, helpful, honest, etc., but if everyone were to work on themselves and develop these attributes, the world would be a better place

2. **Respect.** Don't make the mistake of thinking your rights are the only ones that count. Don't ignore the other person's rights. Our fundamental right is to be respected. Being wealthy does not make a person more deserving of respect and neither does a high-flying career with a fancy title. Respect is not about material issues or where one sits on the social ladder. Respect is acknowledging another human being's dignity and treating them how you wish to be treated yourself. We all came on to this earth equal and we're all checking out as equals. What happens in between is just a series of different life experiences. The poor man who lives in a slum, who cares for strangers, volunteers assistance without expecting anything in return and lives a clean, honest life is more deserving of respect than a wealthy businessman who dresses in fine clothes, lives in a huge mansion, and treats everyone like pond amoeba, cheats on his wife, swindles his shareholders and has forgotten how to tell the truth.

By Terri Levine.com [http:// www.terrilevine.com](http://www.terrilevine.com)

## Employee Assistance Program

### Connections

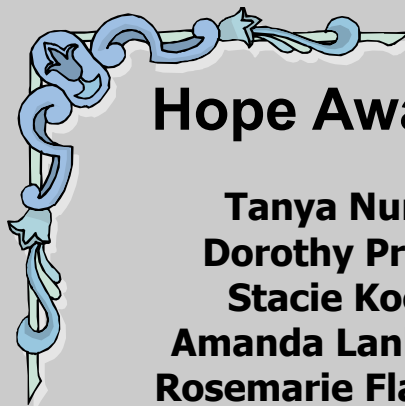
1-800-779-6125

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## Hope Awards

**Tanya Nunn  
Dorothy Prusa  
Stacie Koch  
Amanda Lankford  
Rosemarie Flattebo**

## A Message from Chaplain Sandy

Dear Friends,

As I sit to pen these words, we have just finished our Memorial Day Celebrations. In the week ahead we will be celebrating Scandinavian Days. Both are great occasions of remembering and celebrating.

Remembering is important and it is a vital thing. A certain Persian king was elevated from a poverty-stricken home to the glory of a royal throne. After he became king he sent his servants to the old shack where he was reared, with order to gather every relic of those days. They brought fragments of his home which included broken toys, his patched shirt, a crude wooden bowl from which he ate and numerous other worthless mementos of his childhood. All the items were arranged in a special room in his palace and each day he would spend one hour sitting among the memories of his past. On the wall hung a prayer, "Lest I forget."

We are quick to forget the blessings that have been ours; the gifts that we know because of someone else's generosity. The hardest arithmetic to master is that which enables us to count our blessings. When we do count our blessings we find that our cups are overflowing and we have much for which we can be grateful.

As we have celebrated Memorial Day we are grateful for the thousands of men and women who have served and given their lives for our freedom.

As we celebrate Scandinavian Days we can be grateful for our heritage and for the people who have played an important part in our lives.

Remember and you will discover that you have been blessed to be a blessing!!

In His goodness,  
*Chaplain Sandy*



## Service Anniversaries

Name	Date hired	years
Denice Reisetter	06/05	10
Kris Crawford	06/10	8
Guadalupe Dalbey	06/27	4
Bambi Cerka	06/22	3
Julia Miller	06/13	2
Cassandra Miller	06/10	1
Angelica Phipps	6/30	1

**Staff Appreciation Meal  
Thursday, June 3 &  
Friday June 4**

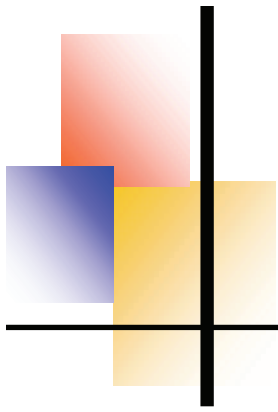
# HAPPY BIRTHDAY

Betsy Warburton	06/01
Marian Klinger	06/03
Nicole Dvorak	06/04
Lisa Lowe	06/05
Carmelita Balderas	06/07
Maggie McVicker	06/07
Malissa Klinger	06/07
Anna Morgan	06/10
Janet Dunn	06/10
Matthew Hoskins	06/12
Klaver Jolene	06/13
Rachel Miller	06/13
Cynthia Martin	06/15
Kris Rexroat	06/18
Steven Lemon	06/19
Crystal Burns	06/22
Jordan Hadaway	06/22
Elva Marie Stupp	06/23
Betty Swenson	06/24
Nicole Dunham	06/24
Abbigale Hartmann	06/24
Sandra Anenson	06/28
Amanda Batista	06/30

Name	Department	Hired
Robin Eyanson	C.M.A.	05/03
Dawndee Fender	Dietary	05/03
Melissa Potter	C.N.A.	05/03
Sarah Hilpipre	C.N.A.	05/14
Paul Mwaniki	C.N.A.	05/14
Sarah Patterson	LPN	05/14
Olivia Elsner	Dietary	05/17
Michael Klinger	Dietary	05/17
Trevor Vessell	Dietary	05/17

# New Hires

# Welcome



# June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 	4 Scandinavian Days Look for the BLC food booth	5
				Staff appreciation meals		
6	7	8 Best Friend's Day, give yours a call.	9	10	11	12
					C.N.A. Appreciation Week	
13	14	15	16	17 	18	19
				C.N.A. Appreciation Week		
20 Father's Day	21 	22	23 Ice Cream Sundaes 2:00 pm MDR	24	25	26
27 Sunglasses day 	28	29	30	1	2 Staff BBQ Gazebo 	