

**Cedar Place
Activities
August 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Chapel Service at Bethany Manor with Holy Communion	2 10:00 Beads Beads Beads! 7:00 Bingo	3 10:30 Exercise & Trivia 1:15 Food & Nutrition Program 4:30 Manicures	4 Grocery Day 10:30 Exercise 2:30 Social coffee hour on the patio	5 9:30 Shop in Story City 10:00 Exercise 1:00 Walking with Carm	6 10:00 Game Time 10:30 Catholic Mass - Bethany Manor Chapel	7 3:30 Coffee Time
8 10:00 Chapel Service at Bethany Manor	9 9:30 Coffee and Donuts 10:00 Painting with Jo 7:00 Bingo	10 10:30 Exercise & Trivia 1:00 Walking with Carm 4:30 Manicures	11 Grocery Day 10:30 Exercise 11:45 Potluck/ Meeting	12 9:30 Shop in Story City 10:00 Exercise 1:00-4:00 Homeward Foot Care Clinic & Health	13 10:00 Game Time 10:30 Catholic Worship - Bethany Manor Chapel 4:00 2 Card Bingo	14 3:30 Coffee Time
15 10:00 Chapel Service at Bethany Manor	16 7:00 Bingo	17 10:30 Exercise & Trivia 4:30 Manicures	18 Grocery Day 10:30 Exercise 6:00 The Big Band Sounds of Paul Lasley & The Guys (Bethany Multi Purpose Room)	19 9:30 Shop in Story City 10:00 Exercise 11:00 Lunch Bunch- <i>Pizza Ranch</i> 1:00 Walking with Carm	20 10:00 Game Time 10:30 Catholic Worship - Bethany Manor Chapel	21 3:30 Coffee Time
22 10:00 Chapel Service at Bethany Manor	23 9:30 Coffee and Donuts 10:00 Beads Beads Beads! 2:00 Bible Study 7:00 Bingo	24 10:30 Exercise & Trivia 1:00 Walking with Carm 4:30 Manicures	25 Grocery Day 10:30 Exercise 2:45 Farmer's Market in Ames	26 9:30 Shop in Story City 10:00 Exercise	27 10:00 Game Time 10:30 Catholic Worship - Bethany Manor Chapel 4:00 Wine and Cheese	28 3:30 Coffee Time
29 10:00 Chapel Service at Bethany Manor	30 2:00 Bible Study 7:00 Bingo	31 10:30 Exercise & Trivia 4:30 Manicures				<i>*Activities subject to change</i>