

October 2009

Dear Friends,

Happy October! How about some food for thought!

When no one is watching, live as if someone is.
Pray twice as much as you fret.
Listen twice as much as you speak.
Never outgrow your love of sunsets.
God has forgiven you; you would be wise to do the same.
When you can't trace God's hand, trust His heart.
The book of life is lived by chapters, so know your page number.
Never let the important be the victim of the trivial.

Simple things – but good thoughts to ponder on.

Enjoy the day! Appreciate the colors of the season! Cherish the people that God brings into your day! Celebrate God's goodness to you for ***"This is the day the Lord has made, we will rejoice and be glad in it."***

God's peace to each of you,

Chaplain Sandy

Chaplain Sandy Anenson