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Bethany Life

Newsletter

Our Mission

Bethany Life's mission is to help elders thrive in their life journey, living in a Christian environment of hope and compassion.

Our Vision

Bethany Life will become a regionally recognized resource for comprehensive and innovative aging services.

Our Values

Benevolence, Stewardship, Personal Growth, Innovation, Teamwork, & Relationships.

Coming Home

When we began planning to renovate our facilities six years ago, we knew that we needed to first renovate our concept of caring for our elders in a truly homelike atmosphere and to provide a sense of community within our walls. Choosing to call this initiative *Building Tomorrow* the planning, approvals, financing, fundraising and noise began. Now as we are moving through the final six months of construction, excitement is building with our residents, staff, families and guests, as more and more of the "pieces" of the final plan are opened for use.

As each household is completed, living, dining and kitchen spaces are immediately more private, comfortable and familiar. Recently the bistro was opened and is already serving as an attractive meeting place to share with friends and family as well as a place to make new friends. Throughout the summer our beauty salon, whirlpool treatment rooms, therapy pool, wellness gym, rehab gym, water therapy pool and library will be completed. Each of these amenities were planned in order to provide the residents, staff, families and guests with the opportunity to leave

home and participate in the larger community within our walls.

While this has been a long process and a large investment, we firmly believe that our elders, staff and guests will thrive and we are already receiving reports and stories that illustrate positive effects for both residents and staff.

We could not have accomplished this new beginning without the vision, hard work, dedication and sacrifice of so many from our community and staff as well as the patience and tolerance of our residents and their families. Thank you all for your part!

Building Tomorrow will continue long after the construction is completed as we all learn to enhance a sense of home and community together.

Sincerely,

Betsy Warburton

Betsy Warburton

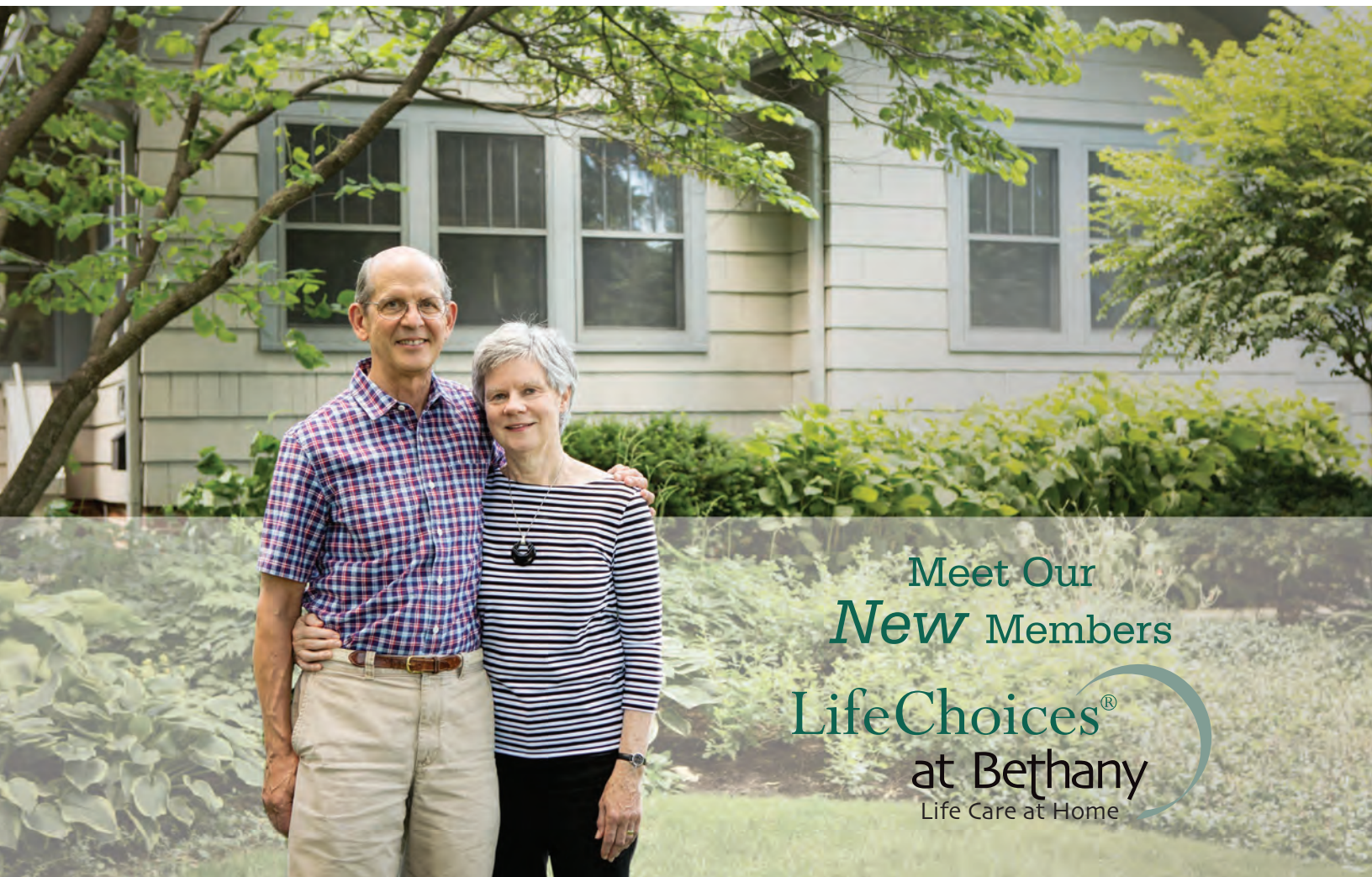
Betsy Warburton, President and CEO



Bethany Life

Helping older adults thrive

LifeChoices® at Bethany



Meet Our
New Members
LifeChoices®
at Bethany
Life Care at Home

Meet Tom and Judy Jackson – our newest LifeChoices® at Bethany members. They have lived in Ames since 1970. Tom worked at the Iowa Department of Transportation as a transportation planner and Judy was an accountant at Green Hills Retirement Community for many years. They have two sons and five grandchildren. Reading and traveling are among their favorite things to do. Tom also loves to play ice hockey and spend time in his woodshop. They chose LifeChoices® at Bethany in order to be able to predict their financial liability and also so they could enjoy the benefits of an all-in-one at-home care package.

LifeChoices® at Bethany is a life care at home membership program designed to keep older adults at home as long as possible.

From Chaplain Sandy

Dear Friends,

“Grow in the grace and knowledge of our Lord and Savior Jesus Christ.”

-II Peter 3:18

Growing is part of life. We know that children are not fully grown when they are born. It takes time for them to grow into maturity and acquire the skills necessary to live as an adult. In the same way it takes time for us as God's people to grow in grace. It is through the challenges and experiences of life that we grow into the image of Christ.

Someone said, “There is an enormous difference between growing old in the Lord and growing up in Him.” We all know we are growing older, but the real question is are we growing in His grace? The development of Christlike character cannot be rushed. Spiritual growth, like

physical growth, takes time. It is in fact a lifelong process.

There's never a point that we can say we've arrived for we continue to grow throughout our lives.

A young man who worked with exotic fish for aquariums said that one of the most popular aquarium fish is the shark. He explained that if you catch a small shark and confine it, it will stay a size proportionate to the aquarium you put it in. Sharks can be six inches long yet fully matured. But if you turn them loose in the ocean, they grow to their normal length of eight feet.

As God's people, we can be content swimming around in a little puddle. But there is so much more



– more love and grace to swim around in. That is what God wants for us – He does not want us confined to a little puddle. He made us for so much more.

Let's keep growing – it is what we were made for – to grow into the image of Jesus Christ.

Have a great summer growing in Jesus and in your faith!!!

Chaplain Sandy Anenson

Member Churches

Ascension Lutheran, Ames
Bergen Lutheran, Roland
Bethany Lutheran, Kelley
Bethany Lutheran, McCallsburg
Bethel Lutheran, Story City
Bethesda Lutheran, Ames
Bethesda Lutheran, Jewell
Capitol Hill Lutheran, Des Moines
Elim Lutheran, Randall

Fjeldberg Lutheran, Huxley
Gilbert Lutheran, Gilbert
Grace United Methodist, Story City
Immanuel Lutheran, Story City
Our Savior's Lutheran, Radcliffe
Our Savior's Lutheran, Stanhope
Palestine Lutheran, Huxley
Salem Lutheran, Radcliffe

Salem Lutheran, Roland
St. Andrew's Lutheran, Ames
St. Cecilia Catholic, Ames
St. Peter & Paul, Gilbert
St. Paul's Lutheran, Jewell
St. Paul Lutheran, Williams
St. Petri Lutheran, Story City
Trinity Lutheran, Ellsworth
Zion Lutheran, Radcliffe

Christine's House *A Peek into our Newest Household*

Meet **Melvin Peter**,

resident on Christine's House.

What do you like about living in Christine's House?

M: There's a lot of space to live and the staff here take great care of me.

What do you like to do in your free time?

M: I love listening to the Cubs. This is their year!

What did you do for your career?

M: My brother and I farmed together – corn, beans, cows, and chickens.

What's your favorite thing to eat?

M: Chocolate milk!

What else do you want to share with the world?

M: I'm pretty good at BINGO – eight wins. I have lots of prizes in my window.

Meet **Ryan Stuck**

Household Coordinator of
Christine's House

What does the Household Coordinator do?

R: I am responsible for making sure everything in the household runs smoothly – staffing, meals, outings, whatever. I care for our residents and our staff like family and we really function that way within the household. At the end of the day, my role is really to make sure that each individual resident's needs are always met.

What do you like about your role as Household Coordinator?

R: For me, the coolest thing about the households is that the feel of "institution" is no longer here. Residents choose when they eat, when they go to bed, and what they do with their time. It's now about the residents – it's their house. I don't want people to dread coming to a nursing home. When they need that level of care – I want them to want to come to us. I love this role – I love coming to work every day. It's fun when I can





make it a great day for the residents based on individual needs, rather than just telling people what they are going to do every day. I want to make the “nursing home” a good thing.

What do you do for fun?

R: I like to golf and I like to fish. I also love hanging out with my family – I have a two year old and a one month old. Most of my free time is spent with my wife and my girls!

“It’s now about the residents – it’s their house ... It’s fun when I can make it a great day for the residents based on individual needs.”

Donor Stories *Donors at the Naming Recognition Level*



Tom and Stevie Walsh

Tom and Stevie's Bistro

"We moved to Ames in 1962 and learned of Bethany's reputation as an excellent care facility. Our first-hand involvement began a few years ago when we attended an open-house of the new twin homes at Timberland Village where we met several Bethany staff members including CEO Betsy Warburton.

LifeChoices at Bethany, which began about three years ago, was of interest to us with its emphasis on in-home care followed by full nursing care when needed. After several months of considering our options, we joined LifeChoices at Bethany two years ago. We are happy we did. It was the best choice for us and allowed us to discontinue our long-term care insurance. We are now guaranteed quality long-term care with many of our friends. It is comparable to a club with monthly social events.

With the major renovation to improve the Bethany facilities and care programs, we are blessed that we could make a significant contribution. The Bistro is a nice addition to the Bethany facilities and services. The naming of the Bistro was an appreciated staff recommendation. It seemed to fit the Walsh career in hotel, restaurant, and food service management.

We hope that everyone will enjoy the Bistro experience."

Roger and Lois Oakland

David's Place

"We have lived in Story City for many years-Lois all her life. As members of the Story City community, it was our honor to contribute in this way. We love to give; but we don't give for our own glory. The gift given to David's Place isn't about the Oaklands. It's about God. We gave David's Place its name in honor of King David of the Bible. We love God's Word and we love the story God tells through David. David was a great king but also a sinner. God's grace was sufficient for him and it is also sufficient for us today. God's grace, through Jesus Christ, washes our sins clean. We pray that everyone who gets an opportunity to be at Bethany Life can realize the grace of God through Jesus Christ."



Gary and Judy Hested

Ivy's Place

"We first got involved when some remodeling was being done on the old skilled wing. We listened to a presentation at church and decided to contribute. We knew Betsy from another board I had been on and we liked the vision she and the board had for Bethany Life."

The Household is named for Gary's Mother, Ivadell; Ivy for short. She always saw the good in everyone and lived life to the fullest. We felt this would be a wonderful way to honor her memory.

Right now our main focus in life is our Grandkids. Three girls and three boys keep us busy with all their adventures. And of course following Hawkeye sports."



Thanks to All Our Donors

We are so pleased to share that the Building Tomorrow campaign has reached its \$1,000,000 goal. A huge thank you to our donors and supporters. The Building Tomorrow campaign launched in the summer of 2014 and was completed in June of 2016. Dollars raised go directly to the \$17 million renovation of Bethany Manor, now The Households of Bethany.

-Larry Elphic, Chief Development Officer - Bethany Life Foundation

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The Households of Bethany
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515.733.4325

Cedar Place
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Story City, Iowa 50248
515.733.2904

Timberland Village
725 Timberland Drive
Story City, Iowa 50248
515.733.6500

Bethany Life Foundation
212 Lafayette Avenue
Story City, Iowa 50248
515.733.4325

Affordables Thrift Store
630 Pennsylvania Avenue
Story Ctiy, Iowa 50248
515.733.5304

www.bethanylife.org

If you do not want to receive future publications or fundraising requests supporting Bethany Life, you may call 515-733-3040 and request to be removed from our mailing list. Thank you.



Bethany Life

New Culture • New Building • New Name

Bethany Manor is now *The Households of Bethany*.

"Our new name reflects our new culture.
Our residents live in a home, not an institution."
- Betsy Wartburton, President and CEO



Hear from our donors, our staff, and our residents inside.

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Bethany Life



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