

# Menu Cycle 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Choice of Juice Hot and Cold Cereal Banana, Toast, Yogurt Caramel Roll, Ham	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Poached Eggs, Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Sausage Egg Bake	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Pancakes, Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Scrambled Eggs/Cheese	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Scrambled Eggs/Sausage	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Sausage Gravy/Buicuits
Dinner						
Chilled Apple Juice Creamed Chicken/Biscuits Pork Wings Sweet Potatoes Riviera Vegetables Cauliflower Fruit Pie	Chilled Tomato Juice Maidrite Sandwich Chicken Salad Baked Potato Green Beans Carrots Brownie	Chilled Cranberry Juice Hot Beef Sandwich Baked Chicken Mashed Potatos/Gravy Peas & Carrots Corn Chocolate Pudding	Chilled Tomato Juice Creamed Chicken/Biscuits Cod Mashed Potatos Mixed Vegetables Peas Dessert	Chilled Pineapple Juice Ham Bacon Cheese Burgers Augratin Potatos Baked beans/Brussel Sprouts Cottage Cheese Fresh Fruit	Chilled Tomato Juice Roast beef Lasagna/Bread Stick Mashed Potatos/Gravy Broccoli Squash Cheese Cake	Chilled Grape Juice Meatloaf Turkey Mashed Potatos/Gravy Green Beans Honey-Butter Carrots Butterscotch Sunday
Supper						
Tator Tot Casserole Cottage Cheese/Fruit Bread Cookie	Fish Sandwich Vegetable Soup Fruit Cup Ice Cream Bar	Vegetable Beef Stew and a Biscuit Applesauce Special K Bars	BBQ Rib Sandwich Potato Salad Pineapple Carrot Bars	Grilled Ham & Cheese Sandwich Tomato Soup Applesauce Ice Cream Floats	Soup Turkey Sandwich Fruit Cookie	Sloppy Joe on a Bun Tator Tots Fruit Cookie

# Menu Cycle 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Breakfast</b>			
Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Caramel Roll, Ham	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Poached Egg, Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt French Toast/Sausage Link	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Eggs, Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Ham & Cheese Egg Bake	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Hard Boiled Eggs/Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Sausage Gravy/Biscuits
			<b>Dinner</b>			
Chilled Apple Juice Chicken Fried Steak Roast beef Mashed Potatoes/Gravy Green Bean Casserole	Chilled Tomato Juice Chicken Parmesan Hamburger Steak/ Swiss Cheese & Mushroom Steak Fries Peas & Pearl Onions Cauliflower Chocolate Chip Bar	Chilled Cranberry Juice Taco Salad Scrod Cod Rice Corn Broccoli Gelatin Cake	Chilled Tomato Juice Pizza Chicken Cordon Blue Parsley Potatos Spinach Salad Snap Peas Lemon Crunch	Chilled Pineapple Juice Rasberry Pork Loin Salmon Baked Potato Green Bean Casserole Corn Butterscotch Pudding	Chilled Tomato Juice Cheese Tortellini Pasta Chicken Tenders Hashbrown Casserole Roasted Vegetables Peas & Pearl Onions Strawberry Angel Surprise	Chilled Grape Juice Smoked Sausage Ham Fried Potatos/Onions Stewed Tomatos Lima Beans Chocolate Sundaes
			<b>Supper</b>			
Potato Soup Tuna Salad Sandwich Apricots Cookie	Goulosh Green Beans Applesauce Cookie	Pork Burger Carrot Raisin Salad Baked Beans Ice Cream	Chicken Tortillas Soup Toss Salad Blonde Brownie	Roast Beef Sandwich Pea Salad Mandarin Oranges Cookie	Sloppy Joe on a Bun Tator Tots Tossed Salad Lemon Bar	Turkey Swiss Deli Sandwich Coleslaw Orange Jello Cookie

# Menu Cycle 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Breakfast</b>			
Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Caramel Rolls, Sausage Patty	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Pached Egg, Bacon	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Western Egg Bake	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Sausage Gravy & Biscuits	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Hard Boiled Egg, Bacon	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt French Toast, Sausage Links	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Scrabbled Eggs, Bacon
			<b>Dinner</b>			
Chilled Apple Juice Roast Pork Fish Sweet Potatos Fish Peas, Scalloped Corn Dinner Roll Crème Pie	Chilled Tomatoe Juice Cornflaked Chicken Meatloaf Baked Potato Brocoli Buttered Beets Cake	Chilled Cranberry Juice Chicken Marsala Pork Chops Baked Potato Roasted Veggies Cheesy Corn Casserole Fruit Crisp	Chilled Tomato Juice Pepper Steak Baked Scrod Rice Pilaf Baby Carrots Brocoli Tapioca Pudding/Topping	Chilled Apple Juice Ham Roast Beef Mashed Potatoes Green Beans Applesauce Jello with Topping	Chilled Tomato Juice BBQ Chicken Breast Pollock Filet Scalloped Potatoes Winter Mix, Marinated Veggies Butterscotch Pudding	Chilled Grape Juice Creamed Chicken/biscuits Meat Balls Mashed Potatoes Lima Beans, Stewed Tomatoes Chocolate Sundaes
			<b>Supper</b>			
Vegetable Chowder Tuna Salad Sandwich Applesauce Gelatin Cookie	Chicken & Wild Rice Soup Chefs Salad Dinner Roll Sherbert	Pulled Pork Hashbrown Patty Mixed Vegetables Angelfood Cake/Strawberries	Croissant/Chicken Salad Fresh Fruit Sour Cream Banana Bar	Roast Beef Sandwich Snap Peas Peaches Rice Crispy Treat	Hot Ham & Cheese Sandwich Steak Fries Coleslaw Fruit Cocktail Cookie	Corn & Cheddar Chowder Turkey Sandwich Apricots Cookie



# Menu Cycle 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Breakfast			
Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Caramel roll, Ham	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Poached Eggs, Sausage Patty	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Sausage Egg bake	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Pancakes, Bacon	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Cheesy Scrambeled Eggs Sausage Links	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Hard Cooked Eggs, Ham	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Sausage Gravy/Biscuits
			Dinner			
Chilled Apple Juice Roast Beef Baked Chicken Mashed Potatoes/Gravy Broccoli Green Bean Casserole Dinner Roll Fruit Pie	Chilled Tomato Juice Pork Tenderloin Smoked Sausage Fried Potatoes/Onions Sweet Corn Seasoned Cabbage Strawberry Jello/Topping	Chilled Cranberry Juice Salmon Patty with Creamed Peas Baked Ham AuGratin Potatoes Buttered Beets Chocolate Pudding	Chilled Apple Juice Pork Wings Turkey Pot Roast Stuffing Green Bean Almondine Roasted Vegetables	Chilled Apple Juice Ham Roast Beef Mashed Potatoes Green Beans, Applesauce Cherry Jello	Chilled Tomato Juice Ham Balls Cavatelli Roasted Potatoes Tossed Salad Sauteed Summer Squash Banana Cream Tarts	Chilled Grape Juice Polluck, Stuffed Pepper Baked Potato Riviera Vegetables, Corn Butterscotch Sundaes
			Supper			
Personal Pizza Tossed Salad Mandarin Oranges Oatmeal Raisin Cookie	Grilled Hamburger with Condiment Plates French Fries Cucumber and Onions Nutty Cone	Chicken and Noodles Biscuit Mixed Bananas and Grapes Peanut Butter Cookie	Tator Tot Casserole Waldorf Salad Dinner Roll Brownies	Turkey Swiss & Spinach Sandwich Broccoli Rasin Salad Tropical Fruit Cherry Bar	Scalloped Potatoes, Ham Peas & Carrots Pears Scotcheroos	Wisconsin Cheese Soup Ham & Cheese Croissant Fresh Fruit Cup Choclote Chip Cookie

# Menu Cycle 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Breakfast</b>			
Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Caramel Roll, Bacon	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Poached Eggs, Sausage Patty	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt French Toast, Bacon	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Egg, Ham	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Cheesy Scrambeled Eggs, Sausage Links	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Bacon Cheddar Bake	Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Sausage Gravy/Biscuits
			<b>Dinner</b>			
Chilled Apple Juice Baked Chicken Swiss Steak Mashed Potatoes/Gravy Spinach Parslied Cauliflower Lemon Crunch	Chilled Grape Juice Ranch Chicken Breast Beef Stew/Biscuits Scalloped Potatoes Waxed Beans Snap Peas Apple Spice Cake	Chilled Cranberry Juice Spaghetti Roast Beef Mashed Potatoes Green Beans/Corn Garlic Bread Sherbet	Chilled Tomato Juice Ham Balls Cornflaked Baked Chicken Hashbrown Casserole Brussel Sprouts Mixed Vegetables Strawberry Pretzel Dessert	Chilled Apple Juice Ham Roast Beef Mashed Potatoes Green Beans, Applesauce Cherry Jello	Chilled Pineapple Juice Baby Back ribs Baked Fish French Fries Pasta Salad Glazed Carrots Peach Fluff	Chilled Grape Juice Scalloped Potatoes & Ham Baked Chicken Fresh Vegetable Salad Lima Beans  Strawberry Sundaes
			<b>Supper</b>			
Beef Noodle Casserole Carrot Raisin Salad Fresh Fruit Cup Cookie	Cream of Tomato Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Tuna Salad Sandwich Cottage Cheese Salad Fresh Fruit Cookie	Deli Roast Beef Sandwich Red Potato Salad Peaches Nutty Cone	Turkey Swiss & Spinach Sandwich Broccoli Rasin Salad Tropical Fruit Cherry Bar	Chili Cornbread Fruited Jello/Topping Cookie	Egg Salad Sandwich Potato Wedges Coleslaw Chocolate Pudding Surprise

# Menu Cycle 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Breakfast			
Choice of Juice Hot or Cold Cereal Banana, Toast, Yogurt Caramel Roll, Bacon	Choice of Juice Hot or Cold Cereal Orange Slices, Toast, Yogurt Poached Eggs, Sausage Patty	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Sausage Egg Bake	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Pancakes, Bacon	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Scrambled Eggs/Cheese	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Scrambled Eggs/Sausage	Choice of Juice Hot or Cold Cereal Fruit, Toast, Yogurt Sausage Gravy/Biscuits
			Dinner			
Chilled Apple Juice Creamed Chicken/Biscuits Pork Wings Sweet Potatoes Riviera Vegetables Waxed Beans Fruit Pie Ala Mode	Chilled Tomato Juice Hot beef Sandwich Baked Chicken Mashed Potatoes/Gravy Peas and Carrots Corn Chocolate Pudding	Maidrite Sandwich Chicken Salad Baked Potato Green Beans Carrots Brownie	Chilled Tomato Juice Roast Beef Lasagna/Bread Stick Mashed Potatoes/Gravy Broccoli Squash Cheese Cake	Chilled Pineapple Juice Ham Bacon Cheese Burgers AuGratin Potatoes Baked Beans Brussell Sprouts Cottage Cheese Fresh Fruit	Sausage, Zucchini, Rice Casserole Cod Peas Roasted Vegetables Coleslaw Dessert	Chilled Grape Juice Meatloaf Turkey Mashed Potatoes/Gravy Green Beans Honey-Butter Carrots Butterscotch Sundae
			Supper			
Tator Tot Casserole Cottage Cheese/Fruit Bread Cookie	Fish Sandwich Vegetable Soup Ice Cream Bar	Vegetable Beef Stew and a Biscuit Applesauce Special K Bars	BBQ Rib Sandwich Potato Salad Pineapple Spice Bar	Lasagna/meatsauce Peas Peaches Cake	Cream of Broccoli Soup Turkey Sandwich Fruit Cookie	Sloppy Joe on a Bun Three Bean Salad Fruit Cookie