Community Living at Timberland



Story City is part of

Bethany Life and

offers care-free living for people ages 55 and up. Timberland offers 36 independent-living apartments and 12 twin homes, which are the most independent style of living offered by Bethany.

Currently, there is one twin home available. There are also a variety of apartment openings at Timberland, which offers floorplans ranging from studio size to two-bedroom apartments.

The Timberland community is located north of Story City's Broad Street near Interstate 35, making it easy to get to for family and friends visiting from out of town.

"We're more of a vibrant community for well and active seniors who need just a touch of health care," said Cindi Martin, Timberland's senior housing manager. "To me, the age thing is just a number, because it's really all about your outlook."

Timberland Village offers you a beautiful apartment to call home, while taking care of life's details for you. The trained and dedicated staff at Timberland help take care of your physical, social and spiritual needs so you can enjoy an independent lifestyle with fewer responsibilities.

Assisted living and independent living options are both available at Timberland Village. Each apartment has a kitchen with full-size appliances, paid utilities and a washer-dryer hook-up.

"One of the good things about Timberland is the privacy that the apartments afford," Martin said. "They're really nice. They're really private. You have great amenities in your apartment. And yet there's this whole community that's out here to socialize with.

And we offer so many services that come in regularly. We have personal banking that comes in. Podiatry comes in. We have Hearing Unlimited that comes in to check hearing aids and change batteries."

Timberland also has a salon, exercise room, library, and grocery delivery. And Timberland is pet friendly!

"It's a lot like a little town," Martin said. "We have all of these services and activities. And if someone doesn't drive anymore, we offer transportation to appointments."

Timberland has a beautiful community room with a big-screen TV and a grand piano. There is also a dining room with delicious restaurant-style dining. Residents can eat in their apartments or they can enjoy meals in the dining room with other Timberland residents.

"We have fabulous restaurant-style dining," Martin said. "We have specials every day and we also have a menu you can order off. The dining room is available to everyone — independent and assisted."

Planned social and recreational activities help make Timberland a home. With Bingo, card games, game nights, "Movie and Popcorn" nights, musical entertainment and sightseeing trips, there are many options for staying active and meeting other residents.

There are also lots of ways to stay fit, with a lovely walking path on the property as well as an exercise room. Each week there are fitness classes to choose from as well, ranging from tai chi to yoga.

There are many opportunities to feed your soul at Timberland, which has access to Bethany Life's full-time chaplain, Pastor Dave Burling. Worship services are held weekly in Timberland's chapel, and there is also a Bible study group that meets each week.

The apartments afford privacy and great amenities, but just outside the door is a community offering fellowship and a large variety of services and activities.

"One thing I really love about my job is knowing people's personal stories," Martin said. "And finding a way to help them have a good day no matter what is going on."

Martin finds the residents inspirational, the way they are able to jump into a place with new experiences and new people. "I'm constantly amazed



at our seniors, who come in and they make lasting friendships, even late in life," she said.

Martin attributes much of the success of Timberland to its staff, many of whom have been working there for more than 10 years. "People come to work here, and they stay," she said. "I just love this place."

To find out more about Timberland Village or to arrange a virtual tour, call Cindi Martin at 515-733-6500.

*Summer Special 5/20-07/20



Timberland Village has openings for assisted and independent living. Would you like a tour of our facility? **Contact us today!**www.bethanylife.org • 515-733-6500

