

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 - Sunday Movie Insert "Donovan's Reef"	2 9:00 - Use It or Lose It 2:00 - Taste of Home NO BIBLE STUDY	3 9:00 Yoga for Vitality 12:30 - Manicures 2:00 - Bethesda Church Group 2:30 - GNB Bank	4 9:00 - Use It or Lose It 9:30 - Shopping in SC/Slim's 2:00 - Watermelon/Patio 3:00 - Fella-Ship 4:30 - Chapel National Watermelon Day	5 9:00 Yoga for Vitality 9:30 - Scenic Drive 1:00 - Fit & Strong 2:00 - Book Club 2:00 - Midweek Movie: "Joyful Noise"	6 9:00 - Use It or Lose It 9:30 - Ames Shopping 10:00 - Tech Talk 2:00 - Bingo	7 2:00 - Saturday Movie "Red"
8 2:00 - Sunday Movie "Red 2"	9 9:00 - Use It or Lose It 10:00 - Share Your Favorite Book 2:00 - Taste of Home 4:30 - Bible Study Book Lover's Day	10 9:00 Yoga for Vitality 12:30 - Manicures 1:00 - Fit & Strong 1:30 - Thrift Shop Shopping 2:30 - GNB Bank National Thrift Shop Day	11 9:00 - Use It or Lose It 9:30 - Shopping in SC/Slim's 2:00 - Jeopardy 4:30 - Chapel	12 9:00 Yoga for Vitality 9:30 - Scenic Drive 1:00 - Fit & Strong 2:00 - Midweek Movie: "State Fair"	13 9:00 - Use It or Lose It 10:00 - Cribbage 2:00 - Bingo	14 1:00 - Music with Todd & Jen 2:00 - Saturday Movie "The Music Man"
15 2:00 - Sunday Movie "Carousel"	16 NO EXERCISES 2:00 - Current Events/ Trivia 4:30 - Bible Study	17 NO EXERCISES 9:30 - Foot Doctor 10:00 Music/Dave Gray 12:30 - Manicures 2:30 - GNB Bank	18 9:00 - Use It or Lose It 9:30 - Shopping in SC/Slim's 2:00 - Wheel of Fortune 3:00 - Fella-Ship 4:30 - Chapel	19 9:00 Yoga for Vitality 9:30 - Scenic Drive 1:00 - Fit & Strong 2:00 - Happy St. Valen- weensdependence Party"	20 No Exercises 9:30 - Ames Shopping 2:00 - Bingo	21 2:00 - Saturday Movie "Jaws"
22 2:00 - Sunday Movie "Jurassic Park"	23 9:00 - Use It or Lose It 2:00 - Taste of Home 4:30 - Bible Study	24 9:00 Yoga for Vitality 12:30 - Manicures 1:00 - Fit & Strong 2:00 - Town Meeting 2:30 - GNB Bank	25 9:00 - Use It or Lose It 9:30 - Shopping in SC/Slim's 2:00 - Banana Splits on the Patio 4:30 - Chapel National Banana Split Day	26 9:00 Yoga for Vitality 10:30 - North Grand Mall Shopping & Lunch 2:00 - Midweek Movie: "Roman Holiday"	27 9:00 - Use It or Lose It 10:00 - You Must Remember This: Back to School Memories 2:00 - Bingo	28 2:00 - Saturday Movie Winchester '73
29 2:00 - Sunday Movie "Harvey"	30 9:00 - Use It or Lose It 2:00 - Taste of Home 4:30 - Bible Study Toasted Marshmallow Day	31 9:00 Yoga for Vitality 12:30 - Manicures 1:00 - Fit & Strong 2:00 - Cornhole 2:30 - GNB Bank			Daily Coffee Hours 9:00 AM - 10:00 AM 2:30 PM - 4:00 PM (In the Dining Room)	Meal Times 7:00 AM - 9:00 AM 11:00 AM - 1:00 PM 5:00 PM - 6:00 PM