

LIFE PLAN COMMUNITY



Transitional Care

With the goal being to get well and go home, our transitional care and rehabilitation services bridge the gap between hospital and home. Whether recovering from surgery, illness, or injury, we tailor care to fit individual needs.

Memory Care

Bethany Life offers levels of memory care to accommodate any need, including three secure neighborhoods specific to meeting the needs of those with dementia.

Assisted Living

Bethany Life offers levels of assisted living to fit any lifestyle. Live worry-free with access to meal preparation, cleaning and maintenance, and activities to meet social, physical, and spiritual needs.

Independent Living

We have maintenance-free living at Timberland Village, the Twin Homes, where any need can be met. Enjoy an active and worry-free lifestyle while knowing that if other levels of care are ever needed, they are available at Bethany Life.

Extended Care

With levels of care to fit any need, The Households of Bethany offers a home- like environment that promotes overall wellness and a holistic approach to care.

At-Home Care

With home services offered through Bethany At Home and LifeChoices® at Bethany, accommodations can be made for any level of care. With a focus on wellness, the goal of both of these services is to keep you at home and healthy using our wealth of expertise.

Education

Wellness and education classes, taught by our experts in healthcare, are offered to the community at no cost as a part of the mission at Bethany Life. In addition, seminars and support groups are offered to those with loved ones in our care.



OUR MISSION

Caring for others with a Christian focus of hope, wellness, and compassion.

OUR VISION

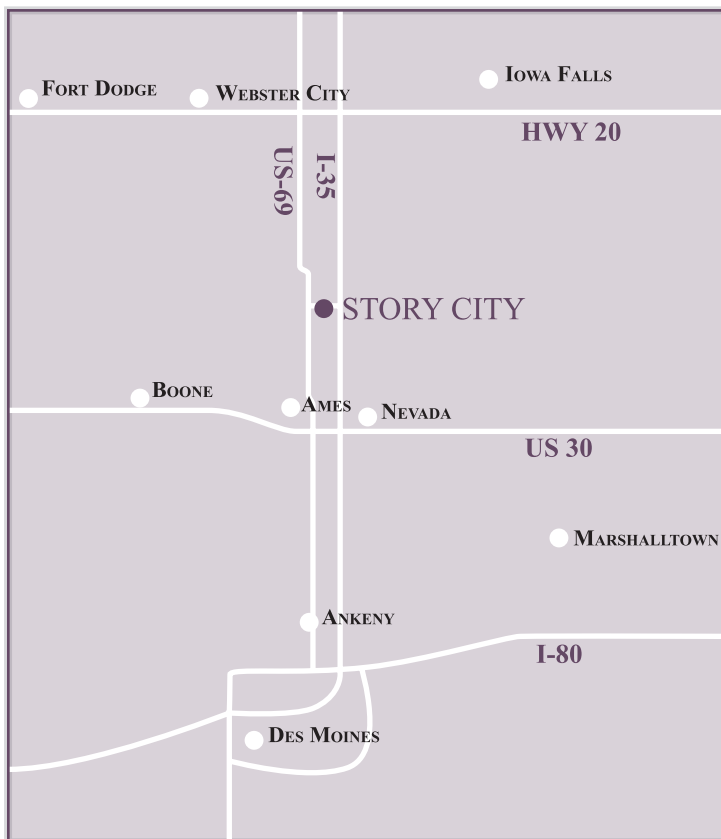
Transform the aging experience by providing comprehensive and innovative services to older adults wherever they call home.

OUR VALUES

Community, Service, Empathy, and Innovation.



CENTRALIZED LOCATION



AMES TO STORY CITY 15 MIN
NEVADA TO STORY CITY 20 MIN
BOONE TO STORY CITY 30 MIN

STORY CITY

Only a short drive from Ames, Story City is a lively and thriving community offering a quality mix of retailers, restaurants, industries, and service businesses, as well as a variety of year-round festivals and events. Families, volunteers, businesses, and community organizations work together to complement the exceptional school system, dynamic employment market, beautiful surroundings, diverse recreational opportunities, and friendly people. Story City offers a full calendar of activities that highlight assets of the community and enhance the quality of life for its residents and visitors. Distinctive features like the 1936 Swinging Bridge, 1913 Story Theatre/Grand Opera House, 1903 Bartlett Museum and Carriage House, and the 1913 Herschell-Spillman Antique Carousel offer a unique glimpse into Story City's history and preservation of small town life.



THERAPY



Our therapy programs emphasize patient-focused, outcome-driven care that allows patients to achieve and maintain their highest quality of life.

PHYSICAL THERAPY

Physical therapy can help to restore full function to your extremities, improve mobility, alleviate pain, and limit or even prevent permanent physical disabilities from injuries or disease. Physical therapists employ a number of effective, professional techniques to treat these movement dysfunctions and restore nearly-full physical health.

SPEECH THERAPY

At Bethany Life, we have access to some of the best speech language pathologists and rehabilitation personnel. Our specialists help to evaluate and treat common rehabilitative issues such as swallowing disorders, work with you to develop safe diets that eliminate choking and aspiration dangers, and help you augment your nutritional food intake and hydration. Speech therapists can also assist with various forms of communication and cognitive functions.



Our 98 degree therapeutic pool offers many advantages and benefits to individuals recovering from all phases of injury or illness.

OCCUPATIONAL THERAPY

Residents generally seek Occupational Therapists for their expertise in helping them complete activities of daily living (ADLs) after illness, injury, or disability. With the help of one of these specialists, you can develop, recover, improve or maintain vital skills for selfcare, work, and leisure – skills that most of us take for granted, every day.

Life Enrichment

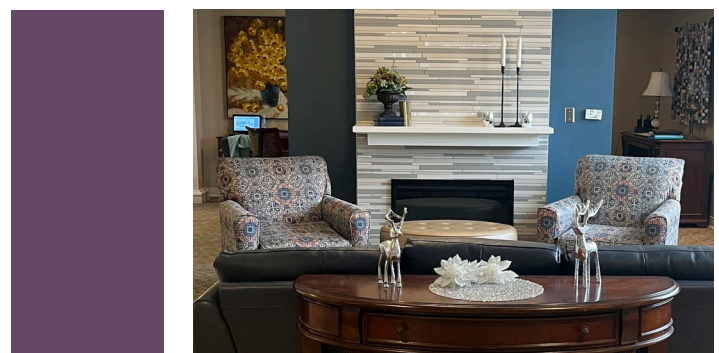
Direct input from residents, a willingness to try new things, and the freedom to choose keeps our residents engaged in meaningful, purposeful activity. Our program includes activities 7 days a week, from morning to evening, located both inside our walls and out in the community, because life doesn't just happen between 9-5. Each week our residents have the opportunity to see live performers, visit with children and animals, take a trip in the community, go for a scenic drive, work on creative projects, socialize and connect with others, have fun, and more! Our activities offer something for everyone because quality of life is just as important as quality of care.



Our History

ENRICHING LIVES

2017	Facility remodel to include The Household Model
2014	Bethany Life's 100th Birthday
2013	LifeChoices® at Bethany was established
2009	Bethany at Home was established
2003	12 twin home units constructed
2001	17 bed memory care unit built Timberland Village facility was constructed
1999	Bethany Life Foundation created
1990	17 bed memory care unit built
1984	Cedar Place was constructed with 50 apartments
1977	129 resident nursing unit added
1967	33 resident nursing unit built
1964	50th Anniversary
1930	First Chapel built
1914	Story City Sunset Home Hospital & Sanitarium



THE HOUSEHOLDS OF BETHANY

At Bethany Life, we recognize that older adults thrive in an environment that recognizes and appreciates individual differences. Rather than expecting our residents to change and fit into an institution, we celebrate what makes each person unique and incorporate that into their new home.

Our facilities promote a home-like atmosphere – a space that offers warmth and comfort. Just as important, our culture promotes the feeling of home. On any given day, the residents on their household could be found baking chocolate chip cookies, having a pizza and movie night, or playing with the grandkids.



LONG-TERM CARE



LONG-TERM CARE AT THE HOUSEHOLDS OF BETHANY

At The Households of Bethany, we are re-defining long-term care. Each resident is valued as an individual and within a small, caring, loving household that functions as a person's home, rather than a facility. Spaces are designed to feel like home with living areas, dining areas, kitchens, and bedrooms. Filled with color and style, each household has a unique look and feel. The households are designed to offer lots of space for conversation and connection for residents, friends, and family.

When residents want an outing away from home, they can head to Main Street (an area within The Households of Bethany) and grab a coffee. Our residents enjoy all the beauty and luxury of home while receiving the care they need.



OUR ON-SITE NURSE PRACTITIONER

Bethany Life has an on-site nurse practitioner. While employed by McFarland Clinic, they serve at The Households of Bethany full time. Our practitioner works with all of the McFarland Clinic doctors and is intimately involved in the care of each resident. Their services ensure both prompt response times and proactive care. Our Nurse Practitioner is available to residents of The Households of Bethany anytime.



"I love living here! The staff is great and the activities are always fun!"



Bethany Life

212 Lafayette Ave. Story City, IA 50248 | 515.733.4325 www.bethanylife.org

FREQUENTLY ASKED QUESTIONS

What are visiting hours?

Family and friends can visit our residents any time of day. There are not set visiting hours. We welcome and encourage you to visit, bring pets to visit, and enjoy good conversation in one of our many common spaces.

When are dining hours?

Our residents can eat any time of day. While lunch and dinner are served at set times, snacks and light meals are available all the time. Homemakers are available on each household to ensure fresh food is always available.

Do you have private rooms or shared rooms?

We have both private and semi-private rooms available. Rates and availability of each vary by household.

Do you have private bathrooms or shared bathrooms?

We have both rooms with private bathrooms and rooms with shared bathrooms available. Rates and availability of each vary by household.

What does insurance cover?

All insurance companies and plans are different. We can help walk you through this process and we have an expert on staff to answer any questions you might have.

WELCOME

Home

THE HOUSEHOLDS OF BETHANY

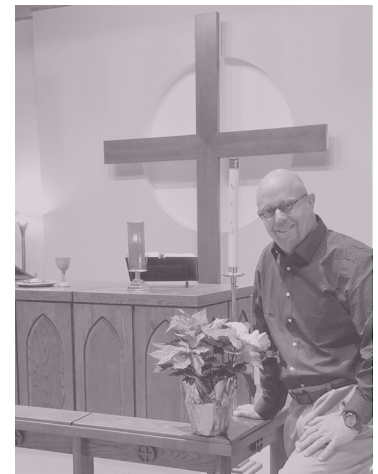


ACTIVITIES

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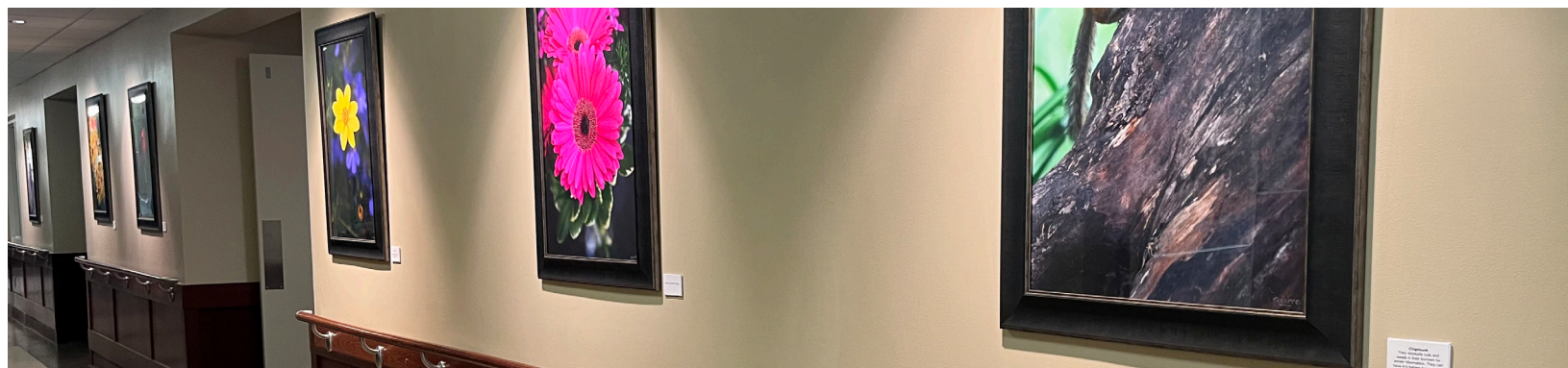
Bethany

Bethany was the hometown for Martha, Mary, and her brother Lazarus. These siblings were dear friends of Jesus and whenever he traveled, he always found comfort and hospitality at the home of his friends in Bethany. I like that thought. It is one of my goals in ministry here in this place. My hope is that you will find comfort and hospitality here at Bethany, as we care for you and your loved ones. We strive to bring you the peace of knowing that your family is well taken care of in this community of faith and love.



-Pastor David Burling

MEMORY CARE



MEMORY CARE AT THE HOUSEHOLDS OF BETHANY

Within The Households of Bethany, we have two households designed specifically for those with Alzheimer's and other dementia. Every aspect of life in these houses is tailored to meet the needs of these individuals. David's Place and Walker Place have trained staff and focus on low-stimulus, individualized activities. We know this is a difficult stage of life for family, as well, so we offer support groups and community so that nobody does it alone.



CARING REHAB

At Bethany Life, we have access to some of the best rehabilitation personnel. Our Wellness Center is dedicated to providing the finest rehabilitation and wellness care in the region, featuring excellent nurse-to-patient ratios and the latest medical and therapeutic equipment.

- SPEECH THERAPY
- OCCUPATIONAL THERAPY
- PHYSICAL THERAPY



Support

Memory Care Support Group is designed to educate and encourage families and loved ones of our memory care patients, our memory care support group is held at The Households of Bethany on the 4th Tuesday of each month.

For more information, visit The Households of Bethany to talk with Chaplain David, or call at (515) 733-4325.



Bethany Life

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What is your room availability?

Room availability changes all the time. We suggest taking a tour and finalizing all paperwork ahead of time so when the time comes for your loved one to live in one of our Memory Care households we can expedite the process.



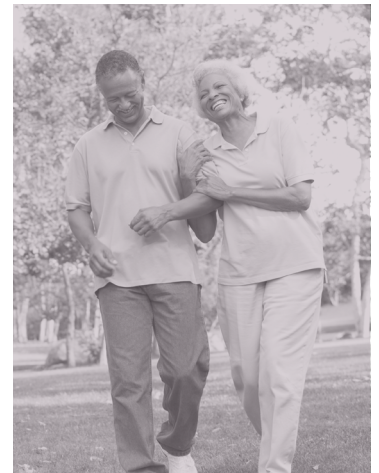
SAFE AND SECURE

The challenges presented by memory loss can be difficult to navigate, but we're here to help every step of the way. We encourage our families to participate in the care planning of their loved one. Our staff will inform you of any changes in health or care needs on a regular basis.

Our facility allows for freedom and promotes independence. Our memory care households are safe, secure and monitored. With our designated family visiting area you and your loved one can enjoy time together.

Partner

Bethany Life participates in the annual Walk to End Alzheimer's. This event is held in more than 600 communities nationwide and is the largest event to raise awareness and funds for Alzheimer's care, support and research. When we walk and fundraise our dollars fuel the Alzheimer's' association mission that is working to advance care, support and research across the world. We would love to have you join our Bethany Life team!



MEMORIES MATTER

TRANSITIONAL CARE



TRANSITIONAL CARE AT THE HOUSEHOLDS OF BETHANY

LifeBridge Transitional Care helps to bridge the gap between a hospital stay and a return home after surgery, illness, or injury. Specialties include stroke and orthopedic rehabilitation, complex illness management, tracheotomy care, IV therapy, and wound management.



SPECIALIZES IN THE FOLLOWING PROGRAMS:

- Orthopedic rehabilitation
- Stroke rehabilitation
- Post-surgical care
- Complex/chronic illness management
- Rehabilitation due to generalized functional decline
- Wound care management and wound vacs
- Enteral/Parenteral feeding therapy and nutritional management

“I had my right knee replaced and the therapy team got me off to a great start! They all were very accommodating with my schedule and very personable. I really enjoyed my therapy time and looked forward to each session. I am home now and feeling great because of the wonderful care that was given to me.”



Jackie Delagardelle



Bethany Life

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FREQUENTLY ASKED QUESTIONS

When can my family visit me?

While many places have “visiting hours” we want your family to be able to see you anytime. Visitors are always welcome. In addition, if your family needs transportation to be able to see you, we are happy to help arrange as needed.

What does my insurance cover?

Each individual situation is unique. In addition to working with all major insurance companies, we at Bethany Life employ specialists in Medicare and Medicaid to consult through the payment process.

Are there Add-Ons?

At Bethany Life, your daily rate includes amenities and there are no add-ons. We provide toothbrush, toothpaste, denture cleaner, deodorant, lotion, and incontinent products in addition to products required for basic needs, such as showering. We also provide transportation to doctor appointments free of charge.

How do I get there?

We offer free transportation from the hospital to our site in Story City. We are happy to arrange a convenient time for you, your family, and the hospital team.



BENEFITS OF AQUATIC THERAPY

Our 98 degree therapeutic pool offers many advantages and benefits to individuals recovering from all phases of injury or illness. The scope of patient diagnoses treated in our pool is surprisingly vast, encompassing everything from post-surgical, non-surgical, orthopedic, rheumatic, and neurological to chronic pain. It is the therapeutic properties of the water combined with the skill and specialized training of our aquatic therapists that will help you to improve your mobility and function. You do not have to be a swimmer to participate in or benefit from water therapy.

WHAT SHOULD I BRING?

Here are the items recommended for you to bring:

- Completed application to Bethany Life
- Social Security Card
- Medicare Card
- Secondary insurance card (if applicable)
- Loose fitting comfortable clothing (approx 5-7 days worth)
- Swimsuit for aquatic therapy
- Tennis shoes
- Pajamas/Sleeping clothes
- Cell phone (if long distance calls are desired)
- Other items of comfort
- Please do NOT bring money, medications, jewelry or other valuables



RESPIRE CARE



RESPIRE CARE AT THE HOUSEHOLDS OF BETHANY

It is a gift to be able to care for the ones we love. But sometimes, we need to tend to other things – weddings, children’s activities, work obligations, and more. Respite care was designed to give your loved one the comfort and care they need and deserve while you do what you need to do away from home.

Respite care is long-term healthcare for a short period of time. There is no minimum stay. Residents are given a private room and can enjoy all the comforts of home within our household model of care.

The Households of Bethany spaces are designed to feel like home with living areas, dining areas, kitchens, and bedrooms. Filled with color and style, each household has a unique look and feel. The Households are designed to offer lots of space for conversation and connection for residents, friends, and family.

Being a caregiver
is a blessing

When you need us
Bethany Life is here to help.



Bethany Life

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FREQUENTLY ASKED QUESTIONS

Who decides if my loved one qualifies for respite care?

The Bethany Life team will work with your loved one's primary care provider to ensure that care at the level offered at The Households of Bethany is appropriate for your loved one.

Is there a maximum stay?

There is no minimum stay and there is also no maximum stay, although after 29 days, your loved one would simply be considered a long-term resident rather than a resident in Respite Care.

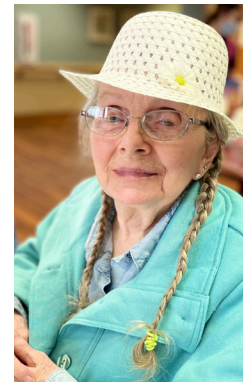
How much advance notice do you need?

Individual situations will vary. We do need enough time to get orders from your loved one's primary care provider and your loved one will need to have seen that provider within the past 30 days.



ACTIVITIES

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BETHANY AT HOME



BETHANY AT HOME

Bethany at Home has been a trusted source of home healthcare in central Iowa for over a decade. We focus on personalized care plans because we recognize each person's unique circumstances.

See reserve side for all our in home services and prices. Our service area for Bethany at Home is a 30 mile radius from Ames, Iowa.



Bethany Life

CATERED LIVING BY Bethany at Home

is our flexible at home care program that is offered to **Timberland Village and Twin Home tenants**. This program is ideal for those who want to stay independent in their home with added support such as housekeeping, transportation, daily cares, laundry and more. We offer four levels of care with a full-time Bethany at Home companion on-site, making this program unique and flexible. No minimum hours required for this program making it flexible for our continuum tenants.



212 Lafayette Ave. Story City, IA 50248 | 515.733.4325 www.bethanylife.org

BETHANY AT HOME RATES

HOME SOLUTIONS

Home Safety Inspection	Complimentary in Story County
Handyman Services	\$60 per hour

HEALTH & SUPPORT SOLUTIONS

Homemaker Services	\$42 per hour*
Personal Companion	\$42 per hour*
Medication Mgmt.....	\$42 per hour*
Shopping/Delivery Services.....	\$42 per hour*
night and weekend rates \$45 per hour	
Transportation	\$42 per hour*
Nurse Visit.....	\$110 per hour*

@HOME Tech

TECHNOLOGY SOLUTIONS WITH

Personal Emergency Response System.....	\$60 Install Fee \$64.95 Monthly
IT Support	\$65 per hour*

WELLNESS SOLUTIONS

Educational Classes	Varied
Dietary/Nutritional Consult	\$65 per hour*
Senior Health Assessment.....	\$65
Senior Personal Trainer.....	\$65 per hour*

* Minimum of 2 hours; based on location of services.
Pricing is subject to change.



Visit <https://bethanyathomecare.com>
or call us at
515-509-5414 to learn
more about our services,
and to schedule a
complimentary in-home
consultation.



ASSISTED AND INDEPENDENT LIVING



TIMBERLAND VILLAGE

In a beautiful wooded setting, Timberland Village offers independent and assisted living to fit any lifestyle. A beautiful walking path surrounds the grounds' peaceful pond as a highlight.



TWIN HOMES

Each Twin Home is uniquely designed and offers carefree living at its best. These homes are offered as worry free independent living with access to any and all of the services offered throughout the continuum at Bethany Life.

**FOR MORE INFORMATION ON
TIMBERLAND VILLAGE AND TWIN HOMES
CONTACT US AT 515.733.6500 OR VISIT
US AT TIMBERLANDVILLAGE.ORG**



LIFECHOICES®

WELLNESS INDEPENDENCE ASSET PROTECTION



LIFECHOICES® AT BETHANY

LifeChoices® at Bethany is a comprehensive continuing care-at-home program designed to provide lifelong support. By paying an entry fee and monthly dues, members are guaranteed care for life. Our approach is centered on proactive management of both your health and home to help prevent the need for long-term care. Should long-term care become necessary, it is fully covered from day one, ensuring peace of mind every step of the way.



ADVOCATE

Your advocate is available to you 24/7/365 to help you with whatever you may need. This person has a relationship with you from day one of membership and will help you with whatever your unique needs may be.

**IF YOU WOULD LIKE MORE
INFORMATION, PLEASE CALL US
515.460.4161.**

**PEACE OF
MIND ABOUT
YOUR FUTURE**

FREQUENTLY ASKED QUESTIONS

What is the age requirements for this program?

There is no maximum age and the minimum is 50 years. You must be living independently, must maintain health insurance and meet medical diagnostic criteria.

Is the pricing for one person or two?

The pricing is for each person who joins LifeChoices® at Bethany. We do offer a discount on the membership fee for individuals who live in the same home and join the program together. Each member is entitled to his or her own separate care and service, which is why the pricing is per person even if they are joining as a couple.

TOP 10 REASONS TO JOIN

1. Stay in your own home as long as possible
2. Protect your assets from the devastating costs of long term care
3. Have a real opportunity to focus on your wellness
4. Have an advocate who's always there for you
5. Have great social opportunities and new friends
6. Keep your home safe and maintained
7. Have a partnership with a non-profit, faith based organization that you can trust
8. Take the burden off your spouse and children to meet your future needs
9. Have quick access to care services responding to your needs
10. Have peace of mind



ROOM RATES



THE HOUSEHOLDS OF BETHANY ROOM RATES - 2026

NURSING CARE RATES

Semi-Private Room*	\$357.00
Private Room	\$386.00
Private Room	\$433.00
<i>Christine's House or LifeBridge</i>	

**A semi-private room may be occupied privately at a rate which is equal 1.75 times the semi-private rate for one person.*

Rooms 10 & 11 in LifeBridge if occupied by LTC resident rate	\$476.00
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MEMORY CARE RATES

Semi-Private Room	\$380.00
Private Room	\$407.00

SKILLED CARE RATES

Room Rate	\$621.00
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RESPITE CARE RATES

Daily Room Rate +	\$76.00
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ADDITIONAL CHARGES

*Transportation by The Households of Bethany
Van (round trip)*

Story City	\$36.00
Out of Town	\$90.00
<i>Immediate Area (Ames, within Story County)</i>	
Des Moines-Fort Dodge.....	\$166.00
Iowa City.....	\$411.00

Staff Assistance to Appointments

Nurse is additional	\$103.00
CNA is additional.....	\$70.00
Non-certified Staff is additional	\$55.00

ADMISSIONS

The Households of Bethany would be more than happy to answer any questions you might have. If you would like a tour to see our beautiful facility please contact us at 515.733.4325.



Bethany Life





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